

# Family TableTalk

Conversation 26

## My Understanding? Or God's Understanding?

**read**

*Proverbs 3:5-6*

**think**

God has a sense of humor! How do I know this? This passage was the very first Bible verse I ever memorized. What's the joke? God knew that trusting Him and not relying on my own understanding was going to be something I struggled with my entire life, and He wanted to make sure I knew from the very beginning in whom I was to trust. Ok, maybe not so funny... but this verse speaks volumes through any circumstance.

In times of pandemic, to whom or to what are we turning? In times of uncertainty, to whom or to what are we turning? In any circumstance life gives us, to whom or to what are we turning?

As we read news, Facebook posts and hear people's stories, it is easy to get caught up in feelings of the moment. The internet will give us a hundred different scenarios and a hundred different answers regarding what is happening and going to happen. All of a sudden, everyone is an expert. But on whose understanding of things are we relying?

Keeping our trust in God reminds us that God is in control, that His ways are better than ours, that His understanding is higher than ours. We are told not to rely on our own understanding but His understanding. God is in control, He is still on the throne and He is still at work in this world, accomplishing His will. Let us lean in to His word and His will for our lives at all times.

**apply**

- How is the Bible informing your perspective in this time?
- Trusting God does not happen passively, what actions do you need to take to trust Him more and more each day?
- How can reminding ourselves that God is at work and to trust Him help us get through this pandemic?

**pray**

Dear Father, your mercies to us are new every morning. Help us and guide us by your Spirit to seek You, Your word and Your will in our lives each day. Help us to trust in You and Your understanding, and not our own. Direct our paths, make them straight, that we may know the way to go according to Your will. Amen.

**by Mike Bittenbender**

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