

# Family TableTalk

Conversation 27

## Light It Up!

read

Matthew 5:14-16

think

What does light *do*? Well, quite a few things...

First, light can give guidance. I bet the first thing you do every time you walk into a room is look for the light switch. That's because no one likes to stumble around in the dark, not sure where they are going, worried they will hit a wall or stub their toe.

Light helps you find your way around.

Light also shows you what is true. I remember camping with some friends one time when we heard rustling behind us in the woods. We were sure it was a dangerous animal; so we all pointed our flashlights at it, only to reveal...a toad. We were sure we were in trouble, but the light showed us we were wrong. (Thankfully!)

Lastly, light can direct our attention. If you've ever been to a basketball game, concert, or play, you've probably seen a spotlight come on and illuminate a single player or performer. In that moment, all your attention is on one thing - the main attraction!

Jesus tells Christians that we are the light of the world. As light, we are called to help guide people. We are called to help people see the truth. And ultimately, we are called to direct all attention onto the main attraction - Jesus Christ himself. The way we do that is by letting our light shine in a world that needs guidance, truth, and ultimately, Jesus.

apply

- What is something *you* need guidance and help with right now?
- Read Ephesians 5:8-11. How can you "walk as children of light" and live in a way that is pleasing to the Lord?
- When do you have a hard time directing the attention onto Jesus rather than yourself?

pray

God, I pray that you would help me live in a way that shows people that you are the One who gives guidance to the lost. Help me to be a light to others and show them the truth about Jesus' love and grace to sinners who don't deserve it. Help me live in a way that brings glory to you rather than to myself. Amen.

by Joel May

Joel May is a Georgia boy currently pursuing his M-Div at Reformed Theological Seminary ([rts.edu](http://rts.edu)) in Charlotte, NC. He has worked in the local church as a Worship Director, worked with Reformed University Fellowship ([ruf.org](http://ruf.org)), worked as a Summer Intern with Reformed Youth Ministries ([rym.org](http://rym.org)), and now serves as RYM's Youth Conference Coordinator. He and his wife Maddie have been married for 5 years. They love being active, eating good meals, and having meaningful conversations with friends and family.

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